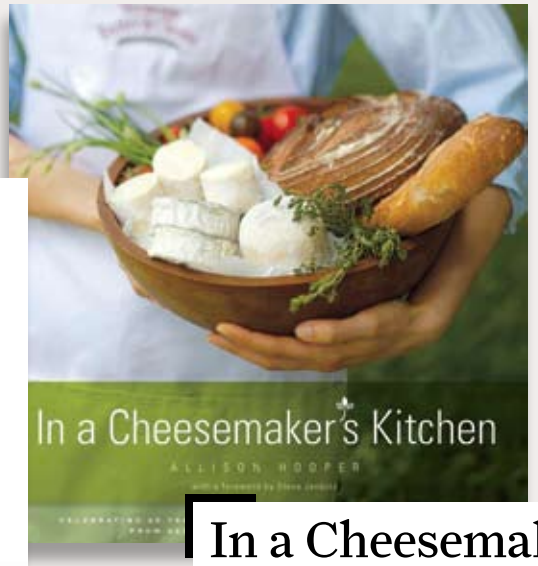
Required Reading

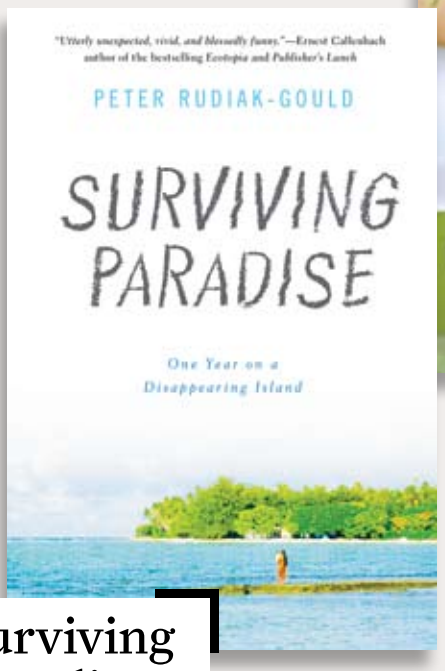
Delicious new reads



In a Cheesemaker's Kitchen

by Allison Hooper

Twenty-five years ago, well before 'locavorism' was the rage, Hooper co-founded the Vermont Butter & Cheese Company, making cheese "for people who love food and love to cook." This cookbook is an introduction to the art of cheesemaking, explains the intrinsic relationship between agriculture and the cheese we eat and features recipes and interviews with some of the world's most accomplished chefs. (Countryman Press, $25)



Surviving Paradise

by Peter Rudiak-Gould

Just a month after his 21st birthday, Rudiak-Gould moved to Ujae, a remote atoll in the Marshall Islands, located 70 miles from the nearest telephone, car, store or tourist and 2,000 miles from the nearest continent. There to teach English, Rudiak-Gould himself becomes a student of life as he experiences culture shock, disillusionment, growth and adventure on his journey. (Union Square Press, $28.95)

Slow: Life in a Tuscan Town

by Douglas Gayeton

With a combination of arresting portraits and personal handwritten anecdotes from his journey through the heart of Tuscany, Gayeton has created a charming and riveting story: a 'flat film' that celebrates the principles of the Slow Food movement and the people whose lives are devoted to growing, preparing and eating food. A beautiful addition to your coffee table. (Welcome Books, $62)